Name of the Programme : **Diploma in Life Skills Education**

Programme Code : DLSE

Duration : 12 Months

 Credits : 36 (1 Credit = 30 hours)

Eligibility : Graduation

Course / Papers : Theory + Practical Work

Medium of Instruction : English

**Scheme of Evaluation**

|  |  |  |  |  |  |
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| **Section** | **Contents** | **Credits** | **Type of Assessment** | **Marks** | **Total****Marks** |
| **Module 1**An introduction to Life Skills | Unit 1 Need and Importance of Life SkillsUnit 2 Origin and Development of Life SkillsUnit 3 Definitions and Interpretations of Life Skills |  4 | Theory | 60 | **100** |
| Assignments 3  | 30 |
| Attendance | 10 |
| **Module 2**Mother Skills | Unit 1 Self AwarenessUnit 2 Empathy |  4 | Theory | 60 | **100** |
| Assignments 3  | 30 |
| Attendance | 10 |
| **Module 3**Survival Skills | Unit 1 Interpersonal RelationshipUnit 2 Effective Communication |  4 | Theory | 60 | **100** |
| Assignments 3 | 30 |
| Attendance | 10 |
| **Module 4**Thinking Skills | Unit 1 Critical ThinkingUnit 2 Creative Thinking |  4 | Theory | 60 | **100** |
| Assignments 3  | 30 |
| Attendance | 10 |
| **Module 5**Negotiating Skills | Unit 1 Decision MakingUnit 2 Problem Solving |  4 | Theory | 60 | **100** |
| Assignments 3  | 30 |
| Attendance | 10 |
| **Module 6**Coping Skills | Unit 1 Coping with EmotionsUnit 2 Coping with Stress |  4 | Theory | 60 | **100** |
| Assignments 3  | 30 |
| Attendance | 10 |
| **Module 7**Practical Work | Institution Visit |  12 | Activity | 70 |  **400** |
| Teaching (5Hours) |  ,,  | 70 |
| Case Study |  ,, | 70 |
| Report on a video | Report | 70 |
| Presentation (Life Skills) | Activity | 70 |
| Viva  |  - | 50 |
|  **Total** |  **36** |  **1000** |

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